

Tame the Rage
Ephesians 4:26-27

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Park Lane Baptist Church
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Anger is not _____

Sinful anger results in _____

Godly anger motivates to _____

Tame the Rage
Sermon Applications

When and about what makes you angry?

When you are angry, what do you *feel* like doing?

What do you usually do? While you might feel justified, is that something that exemplifies Christ?

Can you think of a situation in which you became frustrated and angry and dealt with it incorrectly this past week, did your anger help the situation or did it only add to the problem?

How could you have handled it better so that you exemplified Christ?

What verses did you hear today that you can remember when you are angry?

Are there situations coming this week that you might anticipate becoming angry about that you can even now think of how you might handle the situation truthfully and patiently rather than in anger? How might you handle those situations?